



# OHES MARCH 2014

Lunch = \$3.75

Entrée (Includes Whole Grain)  
+ Fruit and Vegetables + Milk  
or Cup for Water

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 Cheese Pizza Garden Salad Fruit	4 Chicken & Rice Pick Up Stix Veggie Sticks Fruit	5 Rainbow Stir-Fry w/Teriyaki Sauce Rice Fruit	6 2 Crispy Tacos w/Turkey Taco Meat Lettuce, tomatoes, cheese Fruit	7 Grilled Cheese Veggie Sticks Fruit	8
9	10 Cheese Pizza Garden Salad Fruit	11 No Lunch Minimum Day	12 No Lunch Minimum Day	13 No Lunch Minimum Day	14 No Lunch Minimum Day	15
16	17 Pupil Free Day	18 Chicken & Rice Pick Up Stix Veggie Sticks Fruit	19 Rainbow Stir-Fry w/Teriyaki Sauce Rice Fruit	20 2 Crispy Tacos w/Turkey Taco Meat Lettuce, tomatoes, cheese Fruit	21 Grilled Cheese Veggie Sticks Fruit	22
23	24 Cheese Pizza Garden Salad Fruit	25 Roasted Chicken Garlic Bread Garden Salad Fruit	26 Fiesta Nacho Bowl ** Beyond Meat Chicken Tomatoes, avocado, cheese, beans, chips Fruit	27 Chicken Tenders Garden Salad Fruit	28 +++ PB & J Sandwich Veggie Sticks Fruit	29
30	31 Cheese Pizza Garden Salad Fruit	<p><b>** Soy &amp; Pea Protein</b></p> <p><b>+++ Wow Butter-Soy Product – peanut free</b></p>				